

I. Prayer for a friend can help bring healing to them and build your relationship (James 5:16b)

II. Confession to a friend is also part of the healing and building process (James 5:16a)

Guidelines for Confession

1) *If we have sinned*

2) *If our sin has affected*

3) *If we need loving support as we*

4) *If we lack assurance of*

Conclusion: This week I will _____.